

relax, explore, discover . . . new friendships!



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a unique travel experience just for women

Kamalaya Health Retreat & Koh Samui Getaway

13 days departing 16 September 2016



PRICE: Hillside Room ~ Kamalaya

• \$5,775.00 per person twin share • \$6,685.00 single

PRICE: Hillside Garden Room ~ Kamalaya

• \$5,880.00 per person twin share • \$6,790.00 single

** Deduct \$555.00 Twin Share for a 7 night Kamalaya Stay only

** Deduct \$905.00 Single for a 7 night Kamalaya Stay only

PRICE INCLUDES:

- Personally escorted from Australia – your tour hostess is on hand to assist with making your holiday one to remember!
- Return economy airfares flying Thai Airways ex Melbourne including taxes
- 7 night Wellness Package at World Renowned Kamalaya Koh Samui
- Return airport transfers with welcome drink
- 3 a la carte meals daily including (non-alcoholic) beverages (whilst at Kamalaya)
- THB15000 (Approx AUD600.00) spa credit or treatments at the Wellness Centre
- Use of steam caverns
- Shakti fitness centre
- Use of leisure pool and plunge pool
- Scheduled daily fitness holistic activities
- 3 night stay at Centara Grand Beach Resort & Spa
- Breakfast daily and farewell dinner (day 11)
- Full day snorkelling tour to Kho Tao Island including lunch

itinerary

DAY 1 Friday 16 September 2016 **(Meals Inflight)**

Join your Sisterhood Womens Travel tour hostess and fellow travellers at the Melbourne Airport at the designated time for our flight to Koh Samui via Bangkok. Our flight departs at 11.30pm so sit back relax and enjoy the inflight service of Thai Airways as we begin our adventure.

DAY 2 Saturday 17 September 2016 **Welcome to Thailand ~ (L,D)**

Welcome to Koh Samui. Powdery white sand beaches, lazy hammocks slung between coconut trees and pristine coral reefs are just some of the idyllic things we'll stumble across on the island of Koh Samui.

Upon our arrival into Koh Samui (via Bangkok) at around 9.00am, we'll clear customs and be met by our transfer to take us to the world's best Overseas, Health & Wellness Property – Kamalaya Koh Samui.

Kamalaya is a place where wellness is restored, inspiration is abundant and magic moments bless each day. More than a holiday for us, Kamalaya will take us on a joyful inward journey to health, happiness and fulfilment.

Upon our arrival and after check in we'll undergo a Bioimpedance Analysis, and be recommended a particular course of treatment where we will have the opportunity to utilise our THB15,000 credit. Over the next seven days aside from attending the wellness sanctuary we'll have the opportunity to relax in the tranquil surrounds of Kamalaya with a nutritious breakfast, lunch and dinner daily including non-alcoholic beverages, not to mention join in in an array of included daily scheduled activities including meditation sessions, yoga classes including the Yin, Flow, Hatha, Asana and Pranayama techniques, fitball classes and aqua aerobics. You can do as little or as many of these classes as you like.

Throughout our time at Kamalaya we'll have the opportunity to enjoy resident guest speakers/counsellors who will impart their knowledge of their chosen field upon us with topics including health, happiness, meditation and spiritual healing. If you choose to further pursue any of these topics you can make a one-on-one appointment with the speaker/counsellor (at an additional charge). During our stay at Kamalaya we'll be given a structured timetable where we can book our spa treatments around our planned activities.

If you prefer a slower paced stay Kamalaya has their own private beach where, in between activities, you can relax with a book and soak up the sun, make use of the non-motorised sporting or just relax your cares away on a beachside hammock. Tonight let's get together for our first, and one of many, healthy dinners at Soma Restaurant where the seaviews are spectacular. We'll be happy to hit the pillow tonight and wake up refreshed for our next day's activities.

DAY 3 Sunday 18 September 2016 **Kamalaya Koh Samui Wellness Retreat ~ (B,L,D)**

Enjoy a morning swim before a delicious healthy breakfast at Kamalaya. Time for scheduled treatments or make use of Kamalaya steam caverns, Shakti Fitness Centre and Leisure and Plunge Pools.

DAY 4 Monday 19 September 2016 **Kamalaya Koh Samui Wellness Retreat ~ (B,L,D)**

With a range of daily scheduled activities to enjoy or perhaps take a book down to the private beach and relax the day away in a hammock.

DAY 5 Tuesday 20 September 2016 **Kamalaya Koh Samui Wellness Retreat ~ (B,L,D)**

Kamalaya has many visiting practitioners available to see. Why not take the opportunity to meet with a specialist – you never know if you don't go.

DAY 6 Wednesday 21 September 2016 **Kamalaya Koh Samui Wellness Retreat ~ (B,L,D)**

Why not start the day with an early morning walk to soak up the sights and sounds of nature. Indulge in an ancient Shirodhaya massage and let all your cares melt away.

DAY 7 Thursday 22 September 2016 **Kamalaya Koh Samui Wellness Retreat ~ (B,L,D)**

How about a yoga class today with many different types on offer. Perhaps a meditation class or another massage before enjoying a delicious lunch.

DAY 8 Friday 23 September 2016 **Kamalaya Koh Samui Wellness Retreat ~ (B,L,D)**

Our last day to enjoy our peaceful surrounds and embrace a newer, more relaxed self. Let's all get together at dinner tonight to talk about our experiences and celebrate life!

DAY 9 Saturday 24 September 2016 **Chaweng Beach ~ (B)**

Farewell Kamalaya as we head down to Chaweng Beach to enjoy some sun and sand and a little retail therapy with our three night stay at the beautiful Centara Grand Beach Resort Koh Samui, a beautiful beachfront property ideally located on popular Chaweng Beach.

With breakfast daily and free time to enjoy whatever takes our fancy, more spa treatments, dining in some of the area's best restaurants and some great shopping opportunities. We are spoilt for choice with shopping including the Central Festival Samui, a three storey shopping mecca divided into 4 sections including a popular Beach Town Market, there's Chaweng Walking Street which is a riot of colours, sounds and scents. This is where we can put our haggling to the test.

The Walking Street is abuzz to all hours with great cafes, restaurants and shops dotted along the busy streets of Chaweng.

DAY 10 Sunday 25 September 2016 **Chaweng Beach ~ (B)**

A free day to enjoy at leisure. Plenty of places for a manicure and pedicure or maybe you'd like to explore Fisherman's Village a small shopping precinct with a beautiful beach backdrop. A great place to wander and have some lunch at one of the many beachside cafes and restaurants.

terms and conditions

Booking Conditions

CONDITIONS OF TRAVEL

When booking a Sisterhood Womens Travel tour it is imperative that you are aware of all of our terms and conditions as these form part of your agreement with Sisterhood Womens Travel. **It is recommended that all travellers adopt a sense of adventure, an easy going outlook and the ability to 'expect the unexpected'.** It is the expectation that all travellers will respect fellow passengers and understand the key to an enjoyable tour is you.

ABILITY TO TRAVEL

A minimum level of fitness is required to be able to participate on a Sisterhood tour. As a minimum you will need to be able to walk 2km on uneven ground, carry your own luggage and walk up a few flights of stairs. We rely on the information you provide on our 'Fit to Travel' form completed as part of your booking application. You acknowledge that there are no other medical issues (both physical/mental) that SWT needs to be aware of when making your travel arrangements. SWT will not be liable for any damage, injury, death or loss of any kind arising from your failure to disclose relevant medical information. Women with disabilities are welcome on all SWT tours provided you are accompanied by an able bodied companion and do not require special assistance from SWT personnel. SWT reserves the right to refuse to carry anyone if it is felt the individual cannot cope with the requirements of the tour and who may require services and facilities that SWT cannot guarantee will be available

EXCLUSION FROM TOUR

You may be excluded from any tour at our discretion if you fail to comply with our reasonable instructions whilst on tour or if you interfere with other client's enjoyment of the tour and you will be responsible for all costs associated with your tour expelition.

VARIATION TO TOUR COMPONENT

No deduction in our tour costing will be made for leaving a tour early as this will cause a reduction in our travelling numbers and create additional costs.

ADDITIONAL ARRANGEMENTS

SWT is happy to assist with additional arrangements before and after each tour subject to an additional handling fee of \$150.

DEPOSITS AND FINAL PAYMENTS

Payments required are:

International	25% deposit within 7 days
	35% deposit within 120 days
	Final Payment 90 days prior to departure
Domestic	25% deposit within 7 days
	Final Payment 75 days prior to departure

On occasion and outside of SWT's control a higher deposit or earlier payment date may be required.

LAST MINUTE BOOKINGS

Bookings made after final payment date will be subject to availability and will require full payment upon confirmation. A late fee of \$100 per person will apply.

ACCEPTED FORMS OF PAYMENT

We accept direct deposit, money order, bank cheque or Visa/Mastercard payment. For credit card payments an additional 1.5% surcharge is payable (non- refundable)

MINIMUM NUMBERS

All tours are subject to minimum numbers. If a tour falls below the minimum number required for a fully escorted tour, SWT reserves the right to offer the tour escorted by a local guide upon arrival to your destination. If SWT cancels a tour due to lack of numbers a full refund is offered or transfer to another tour. Should a tour be cancelled, SWT cannot assume any responsibility for any additional costs relating to travel arrangements made outside of SWT or travel insurance not taken out through SWT.

CANCELLATION AND REFUNDS

All cancellations must be made in writing to Sisterhood Womens Travel and will be subject to cancellation charges from the date the written cancellation is received.

CANCELLATION

Prior to Final Payment: Loss of Deposit

After Final Payment: 100% of tour cost.

Regrettably cancellation charges cannot be waived.

After Departure: No refund

Final Payment dates are determined by SWT suppliers and may vary from tour to tour.

AMENDMENTS

Once your tour is confirmed and a deposit is paid, a \$100 amendment fee will be incurred for any changes to your tour arrangements.

TOUR PRICING & ITINERARY CHANGES

SWT operates on the basis of fluid pricing. This is the practice within the Travel Industry where pricing changes due to various factors including, but not limited to changing airfares, currency fluctuations, and availability of product. We reserve the right to change our prices without notice. This can mean that different passengers on the same tour may have been charged different prices. Whilst every effort has been made to ensure the accuracy of our tours SWT takes no responsibility for any itinerary changes that may occur prior to or during travel and any such changes will be at the discretion of the airlines and our ground operators. Changes in flights and land arrangements are beyond the control of SWT. Every effort will be made to minimise any inconvenience to SWT passengers. SWT advises making full payment for tours as early as possible to avoid any potential price increases.

TRAVEL INSURANCE

It is a condition of booking that travellers are adequately insured for the full duration of their tour arrangements in respect of illness, injury, death, loss of baggage and personal items, cancellation and curtailment. SWT offers comprehensive travel insurance at a competitive price and will not be responsible outside their offered policy for inadequate travel insurance in the event of any insurance claims.

SINGLE SUPPLEMENT

When travelling alone a great way to keep your costs down and make new friends is to be prepared to share a room with another traveller. We are unable to guarantee that your room mate will be of similar age group but it is an enjoyable way to travel and could mean the start of a great friendship. Of course if you prefer a room to yourself the single supplement will apply. If we are successful in matching you with a fellow traveller we give you the opportunity prior to departure to make contact. SWT takes no responsibility for any mismatch of passengers and will not be liable for any additional charges incurred for changing room configuration whilst on tour.

HEALTH & IMMIGRATION

The traveller is responsible for all visa, passport, immigration, quarantine, customs, health and other requirements of the countries visited or transited. If travelling on an Australian passport you will need at least 6 months validity on your passport taken from the date of re-entry into Australia. If you are travelling under any other passport please advise at the time of booking. Sisterhood Womens Travel will not be held responsible for any incorrect re-entry visas for non-australian passport holders. SWT is happy to offer assistance with visas (additional charges may apply). Please note that passport and visa requirements are the responsibility of you the traveller and SWT takes no responsibility for failure to comply with the provided advice.

NAMES AS PER PASSPORTS

When booking on any tour, it is imperative that you provide SWT with your full correct name as per your passport and a copy of your passport (for international tours) SWT will not be held liable for any or expense incurred for incorrect names.

CONSULAR ADVICE

Official travel advice issued by Australian Department of Foreign Affairs and Trade is available by contacting 1300 444135 or visiting their website www.dfat.gov.au. We recommend that you review this

information both prior to making your booking and prior to departure.

GENERAL CONDITIONS

These conditions represent the entire agreement between the client and Sisterhood Womens Travel. SWT will be responsible to the client for supplying the services and accommodation as described in their itineraries, except where such service cannot be supplied or the itinerary used is changed due to delays or other cause of whatever kind or nature beyond the control of SWT. In such circumstances we will do our best to supply comparable services, accommodations and itineraries, and there shall be no refund in this situation. SWT acts only as agent for the client and upon the express condition that SWT will not be held liable or responsible for any direct, indirect, consequential or incidental damage, injury, loss, accident, delay or irregularity of any kind, which may be occasioned by reason or any act or omission of any third party (including without limitation, any act, inaction or breach of contract of any third party, which is to or does supply any goods or services for SWT tours). Without limiting the foregoing, SWT does not own or operate any third party suppliers of services such as hotels, restaurants, transportation companies, sightseeing companies or local tour operators and is not responsible for any injury, death or expense due to overbooking accommodation, default of any third parties, sickness, weather, strikes, acts of God, Government, acts of terrorism, criminal activity, war, quarantine, force majeure events or any other cause beyond its control. All such risk, loss and expense must be borne by the client. Any personal expenses incurred by a client as a result of any delay, alteration or curtailment of any tour, whether caused by mechanical defect, strikes or any other cause are the responsibility of the client (travel insurance is mandatory on all SWT tours). SWT is unable to guarantee exact arrival and departure times, and is not liable for any failure to make connections with any other services, or guarantee the operation of any particular service. In the case of breakdown or other unforeseen circumstances, the operator reserves the right to substitute vehicles other than specified to ensure the operation of a tour. SWT reserves the right to cancel any ticket or booking, or to refuse to carry client where payment has not been received by SWT.

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Registered Office:

30-32 Lyttleton Street, Castlemaine Victoria 3450
1300 885 255

TERMS & CONDITIONS

Please read through our full terms and conditions. It is a condition that upon booking this tour you have read and fully understood this important information. Minimum numbers are required to operate this tour. This tour requires a certain level of fitness as it may include walking for extended periods of time, on uneven ground and climbing of steps. Please take this into consideration when booking. Travel Insurance is mandatory.



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