

Treatments on offer for our Hunter Valley optional Elysia Wellness Retreat Golden Door visit:

# **Classic Facial**

## 50mins \$120

Designed for Skin Revitalisation – this is a beautiful introduction to facials for those wanting the essentials. This facial features products from the BABOR Skinovage range selected to best cleanse and nourish your skin type.

# Swedish Massage

## 50mins \$120

The perfect introduction for those new to massage, based on soft relaxation techniques to gently ease surface tension and stress.

## **Aromatic Massage**

## 50mins \$150

A soft and relaxing massage with long rhythmical movements over the body using preblended aromatic oils to balance your mind, body and spirit. Ideal for circulation improvement and stress reduction.

## Hand Ritual

## 50mins \$120

Soothe your hands with a vitalising hand bath and exfoliation followed by a relaxing hand massage. Nails are then shaped, buffed and polished to perfection and finished with your colour choice of polish. Includes a firming eye treatment for total relaxation\*

## **Foot Ritual**

## 50mins \$120

Lie back and enjoy our unique spa ritual. Your treatment begins with a refreshing foot soak, followed by a deep exfoliation, then a soothing foot and calf massage and nail treatment. Nails are then shaped, buffed and polished to perfection and finished with your colour choice of polish. Includes a firming eye treatment for total relaxation\*

## \*Please bring open-toed shoes/sandals for use after your treatment.

Here at the Elysia Day Spa, we do NOT use/remove shellac or gel/acrylic nails. Please have removed prior to your visit.

\*Treatments are subject to the availability of staff.

\*Payments are to be made directly to Elysia Day Spa